



# Pony Tales

Official Publication for Members of the Golden Hills Mustang Club  
Established 1982

VOLUME XLII, 1

E-EDITION

JANUARY, 2024

## GHMC WELCOMES 2024



2024 GHMC Officers and Board of Directors  
( Dan Cordeiro and Don McEachern not present)



## CLUB PURPOSE

The Golden Hills Mustang Club, established in 1982, is a nonprofit organization, the purpose of which is to promote the admiration, ownership, care and maintenance of the Ford Mustang Automobile - regardless of model year.

The club provides a social group for its members whereby they can meet, socialize and maintain a spirit of good fellowship, and participate in activities including the use of their Mustang.

The club serves as a medium for the exchange of ideas, information and parts, and is dedicated to furthering the interest of owners and drivers of the Ford Mustang.

# 2024

## Board of Directors

Club President	Bob Fentress
Vice President	Nick Loya
Secretary	Alice Troxell
Treasurer	Brian Evans
Past-President	Sue Calvert
Terry Burke	
Dan Cordeiro	
Jerry Lamphiear	
Robert Lo	
Frank Lopez	
Don McEachern	

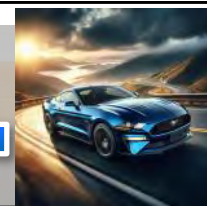
2024 Car Show Chairman	Robin Paulsell carshow@goldenhillsmustangclub.com
2024 Car Show Co-Chair needed	
Club Items	Ileine Burke
Food Drive	Pat Sivigliano
Historian	Ileine Burke
Hospitality	Volunteer needed
MCA Regional Director	Joel Edelman
Membership	Norma McCabe membership@goldenhillsmustangclub.com
Newsletter Editor	Norma McCabe nrmccabe@gmail.com
Circulation	Robin Herman
Social Media	Peter Mitsopoulos shelbygt500707@sbcglobal.net
Raffle	Cyndy Lamphiear & Lisa Mitsopoulos
Sunshine	Yvonne Westberg
Webmaster	Terry Burke webmaster@goldenhillsmustangclub.com
Parade Chairman	Brian Evans
Name Badges	Dan & Norma McCabe
Pony Express to our Troops	Frank Lopez
Scholarship	Frank Lopez
Information Officer	Dan McCabe info@goldenhillsmustangclub.com
Veterans Liaison	Bill Davis
GHMC Technical Director	Paul Troxell





# HEADING DOWN THE TRAIL...

With President Bob Fentress



Welcome to 2024, I'm still trying to grasp the idea that I've been elected to lead such a wonderful club! The new officers and board were officially installed at the Christmas party: Vice President Nick Loya, Secretary Alice Troxell, Treasurer Brian Evans, board members Terry Burke, Dan Cordeiro, Jerry Lamphiear, Robert Lo, Frank Lopez, Don McEachern, and Past President Sue Calvert.

When looking at goals to set for the coming year, I was reading the Club Purpose that appears on page 2 of every newsletter, particularly the second paragraph: *The club provides a social group for the members whereby they can meet, socialize, and maintain a spirit of good fellowship, and participate in activities including the use of their Mustang.* The key concept here is **socialization**. Members meeting other members develops friendships built around the ownership of a Mustang automobile. Whether it be a multi-day travel event, working on a club project, taking part in a car show, or simply attending a club meeting, the opportunity to socialize is of primary importance.

I hope that in 2024 you can take part in as many club events as possible so that you can get to know other members and build a social circle of Mustang friends with whom you can enjoy traveling down the highway of Mustang fun with *The Friendliest Little Club!*



## IT'S TIME TO PAY FOR 2024

Thank you to all who made the Membership Chairman very happy, and Paid Early! We are off to a great start as of the last meeting, so keep 'em coming! We are trying something new. If you are reading this on your computer, scan the QR code below with your phone and it takes you to our membership page.



Scroll down to:

**\*\*pay online for Membership Renewal (\$30 )\*\* and click BUY NOW**

Follow the instructions to pay using PayPal and email a completed renewal application to:

[membership@goldenhillsmustangclub.com](mailto:membership@goldenhillsmustangclub.com)

If you prefer to pay by check, please download a renewal application on the membership page and mail it to P.O. Box 497, Fairfield, CA 94533-0049 If you need help with downloading, please call me and I can mail you an app.

**Thank you! Please Stay Well and hope to see you soon! Norma McCabe**



# 2023 CHRISTMAS PARTY



By Sue Calvert

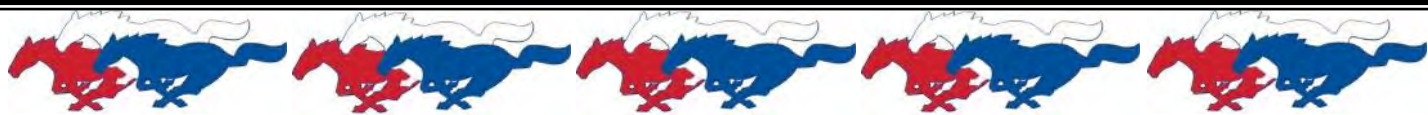
Our annual Christmas Party was held on Saturday, December 9<sup>th</sup>. A BIG "Thank You" goes to Dan & Norma McCabe for sponsoring us at the Napa Elks Club this year! The banquet room was festively decorated and some special decorations, place cards and table centerpieces were arranged by Danny & Cristy Cordeiro - who, sadly, couldn't make it to the party this year due to feeling a bit under the weather. The buffet dinner was excellent and included a variety of salads, side dishes, chicken marsala, prime rib and dessert.

Once everyone finished dinner I gave my last presentation as President of our club. I called up each of our 2023 Officers and Board Members and presented them with a token of my appreciation for their support throughout the past year. (Missing from the group was Donnie McEachern, Danny Cordeiro and Bill Davis.) Dan McCabe then got me "right in the feels" when he presented me with a very special gift from everyone at GHMC. Dan found an old Pony Tales article that featured his dad AND my dad after a Veteran's Day pa-

rade. Terry Burke found the original color file and Donnie McEachern worked his magic and had it printed on aluminum and beautifully mounted & framed. The end result is a priceless keepsake that will remain in my family for generations to come!

OK...moving on...it was my pleasure to introduce Bob Fentress as your new President for 2024. I turned the reins over to Bob and he officially installed the 2024 Officers and Board.

Once the club business was concluded, we played a few fun games. I think everyone had a nice time just being able to visit with friends who they hadn't seen in a while. Thank you, Terry Burke, for being our photographer once again! You can see Terry's wonderful pictures on the website that he also manages so well! Thank you, Norma McCabe, for designing, printing and mailing out all of those beautiful party invitations. Thank you, Cristy, for the room decorations and organizing the games! It takes a village to make this party the success that it is!!





# Wreaths Across America

By Dan McCabe



Our Veterans Liaison, Bill Davis made the arrangements so that our Golden Hills Mustang Club could participate in 2023 Wreaths Across America at the Sacramento National Cemetery in Dixon. Proud to say, we have been honoring our Veterans at this cemetery for many years. For those members who went, we witnessed a very special ceremony honoring all the branches of our armed forces and thanked them for their service. This ceremony is done at all National Cemeteries across America at the same time! A local group, Remember a Vet- Wreath Project provided boughs to be placed to make sure each Veteran is remembered as there are over 35,000 buried at this location. After the ceremony we went to a specific area, spend a moment then placed wreaths at the grave site. We were not alone as there were thousands of people, young and old paying respects. Thank You, Bill for setting us up and I know we will continue supporting this for years to come.





# Tech Talk 2.0



By Paul Troxell

## A Dissertation on The Oil Filter

The oil filter, as it relates to our beloved Mustangs, is but a small part. So small that some do not even know of its existence. It appears only as an item on one of the lines on the invoice that we get from whomever we allow to do the lowly task of changing the oil. But! To those of us who know, it is an item that we have spent hours watching YouTube videos about. And, more hours searching the Interweb for that miraculous one that converts mere engine oil into that heavenly elixir that adds 40+ horsepower by its use.

Well. Not really. However, that somewhat smallish canister that screws onto our engines is a pretty important part of the engines that give our ponies legs. Its primary purpose is to filter out contamination that can damage the moving parts of the engine. Our cars have what is called a full flow filtration system. Most cars built prior to about the 1950's did not have oil filtration systems on them. And when they were first started to be used, they were only actually offered as an option. Even then they were only a by-pass system which filtered a small percentage of the oil and then returned it back to the sump. This was an improvement reducing sludge build up and extended the time between oil drains by a small amount.

With the advent of the full flow oil filter system in the 50's, engine oil life and engine cleanliness began the voyage into the modern oils and filters we have today. The oils of yesterday can make no comparison to modern oils in terms of lubricating ability, service life, purity, and performance. But, in order to fulfill its mission, it still requires the lowly oil filter. And here is a bit on our subject of the month.

The oil filter was invented in 1923 by Earnest John Sweetman and George H. Greenhalgh in 1922 and in 1923 they started the company Motor Improvements, Inc. Their filter was standard equipment on 1920's Chrysler automobiles with the Chrysler Six engine. Later, the company changed its name to Purolator Products, Inc. Purolator being a play on "Pure Oil Later". As goes many companies, Purolator has been sold and purchased several times over the past 100 years and is owned by Mann+Hummel in Germany today.

Oil filters are marketed and sold worldwide and their quality can vary from incredibly good to ashamedly disgusting. It has what seems a simple job, but reality is that its job requires high-quality materials and somewhat expensive machinery to produce. There are several materials that are used to filter the oil. Paper, fiberglass, cellulose, and synthetic. Of course, steel makes up the filter canister and many of the internal parts. They can have pretty paint jobs on the outside and do a terrible job of filtering, and the opposite can be true. So, let's just look at what they are supposed to do.

Most engine manufacturers have agreed that particles in engine oil larger than 20 microns (20 millionths of a meter) are detrimental to engine internals and need to be minimized. So, most oil filter manufacturers will tout their product as being able to filter particles of 20 microns. That sounds great, but means absolutely nothing. This is what is referred to as a nominal rating.

What is far more important is what percentage of the particles that are 20 microns will the filter catch? This is called a Beta Rating and gives information on the filter's efficiency. There are other qualities that are just as important and some that are more important for oil filters to accomplish their task. For a good explanation of Beta Rating see:

<https://www.machinerylubrication.com/>

This will only get you started down the rabbit hole. Here you will find more on the lowly filter:

<https://www.machinerylubrication.com/Read/29396/oil-filter-anatomy>. Though this references machinery lubrication all of the information applies to automobile engines as well. Enjoy! All of my Geeky Motorheads!

For those of you who aren't interested in getting your MLS Engineering degree, let me offer these guidelines for oil filter selection. If you are taking your car to a fast lube place, you are probably not getting a top tier oil filter installed. They make their filter selection based mostly on price, not quality. There are other considerations, but price usually makes the decision. But, keep heart, at least you are having your oil changed and that is a good thing. Motorcraft filters are the factory brand for Ford Motor Company automobiles. They are easily identifiable because Motorcraft will be prominently on the outside of the filter. If your dealer is not using them, ask why.

If you are a DIY'er, you can be assured that the Motorcraft filter is the proper filter for your application and meets ALL of Ford's specifications. There are several other very reliable brands on the market. Some are as good as the Motorcraft, and there are even a very few that might be better. Don't allow the marketers to make your decision, if you are really picky about these things, do the research on the filter you are considering. Even contact the manufacturer if you cannot find the beta rating and other important particulars. Ford Racing Performance is another option for those who are looking for better performance (or they would not call it Performance, right?). It is the one that I choose. Like I always say "Oil (and filters) are cheap compared to engine rebuild or replacement!"

Well folks, sorry to expose you to this thumbnail on the subject of filtration. It is a subject that could go on for several pages with detail that some of you might find of interest. And most would find, perhaps, a waste of time. Suffice it to say that the subject of lubrication and filtration is an area where some go as far as getting degrees studying it. If you have any questions or comments, please let me know at [Dieselgunner@comcast.net](mailto:Dieselgunner@comcast.net). If I do not know the answer, I know people who can provide it.

Until next time, change your oil and filter at a regular intervals, and Pedal to the Metal!



# In Memoriam



**Judy Y. Davis**  
December 8, 1945 - December 11, 2023

In the company of those dearest to her, Judy Davis ended her fight against cancer on December 11, 2023, three days after observing her 78th year. Born in 1945 to Delmar and Theresa Wisenor of Albany, Ca., Judith Yvonne Davis always had a tenaciously big-hearted spirit. She grew up in the Bay Area near the zest of horse racing at Golden Gate Fields. Over the last thirty-five years, Judy devoted her energy and real-estate expertise to ensuring her clients in Solano County realize their dreams. At home, she relished seasonally ornamenting her gardens and welcoming the visiting hummingbird. She adored her pets—Butch, Shorty, and Nina—two of which had been rescues from the Solano County SPCA. Live music, especially country western, and dancing the two-step brought Judy immense joy. But her passion was making art. Family and friends delighted in opening the custom cards, memorial scrapbooks, and other unique gifts Judy crafted in her home studio. Conversation and friendship enthusiastically found Judy in every facet of her life.

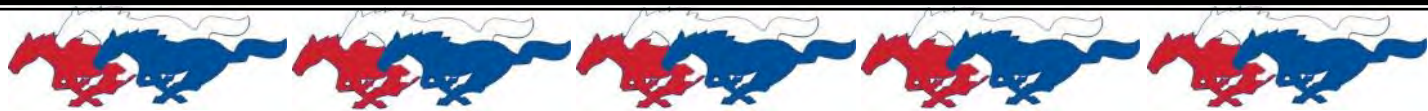
Predeceased by her parents and brother, Delmar “Buster” Wisenor, Judy is survived by her loving husband Bill Davis, daughters Michelle (Pratt) and Diana (Kaake); Clark (Pratt), stepchildren Sharon, Amy, Paul & Sean & their spouses; grandchildren, Chris, Collin, Adam, Jon Michael, Skylar, Rayne, Pax, Camille & Michael; and her great-granddaughter Ezmay.

A celebration of Judy’s life has been planned for Saturday, January 20, at the Bryan-Braker Funeral Home. In lieu of flowers, please consider making contributions to the American Cancer Society or the Solano County SPCA in memory of Judy.



**Editor’s Note:** *Golden Hills Mustang Club also filled a significant part of her dash. Her husband, Bill, has been active on the Board as well as our Veteran’s Liaison and she supported everything he did. She opened her home and her heart to so many of us. If you were a recipient of one of her beautiful handmade cards you have something to treasure and remember her by. We will be forever thankful that she came to the rescue when our Annual Toy Drive was in jeopardy of being cancelled due to Covid and lack of an acceptable venue.*

*She opened her office and her wallet to provide a warm dry place for the toys and took out advertising in the newspapers for the past 4 years. This year, even after receiving a terminal diagnosis from her doctors, she insisted that the Toy Drive must go on. She will be forever missed.*





# ★★★UPCOMING EVENTS★★★



Happy New Year 2024

ALL FUTURE EVENTS ARE TENTATIVE

Jan TBA	GHMC Breakfast, unknown to be announced. Watch your email.
Jan 20	Biggest Little Car show Judging Seminar—East Bay Classics—Watch email for details
Jan 23	GHMC General Meeting 7:30 p.m. Denny's, 304 Pittman Rd., Cordelia
Feb 11	GHMC Super Bowl Party at the Yountville Vets home. Details coming soon
Feb 24	Biggest Little Car show Judging Seminar—East Bay Classics—Watch email for details
Feb 25	Capay Almond Festival - Esparto—watch email for details
Feb 27	GHMC General Meeting 7:30 p.m. Denny's, 304 Pittman Rd., Cordelia

*NOTE: If you sign up to attend a GMHC event but cannot attend, please notify the event chairperson ASAP.  
If you need contact information, please email: [info@goldenhillsmustangclub.com](mailto:info@goldenhillsmustangclub.com)*

## A BLAST FROM THE PAST



ආකර්ෂණ  
This photo from the January 2013 edition of *Pony Tales* was suggested by Historian Ileine Burke. It shows just how far we have come in the past 10 years.  
Our Board and Officers were l - r Robin Paulsell, Sec; Bill Davis, Treasurer; Paulette Rand, Bob Loya, Frank Lopez, Cat Banovitz, Vice President; Bill Watkins, Past Pres; Sue Calvert, Kirk Stafford, President; Dan Cordeiro, and Ileine Burke.

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# HAPPY BIRTHDAY

## JANUARY BIRTHDAYS

1/1 Miyuki York  
 1/2 Cristy Cordeiro  
 1/4 Jacqueline Driver  
 1/4 Anthony Robinson  
 1/4 Lito Sanchez  
 1/5 Cara Lorenzetti  
 1/7 Olivia Herman  
 1/8 Jacob Mathews  
 1/9 Diane Riga  
 1/12 Jackson Bozarth  
 1/13 Kim Pickering  
 1/13 Wendy Pickering  
 1/18 Mark Scott  
 1/18 Tisha vonTing  
 1/20 Brittini Haran  
 1/20 Shelby Myska  
 1/21 Larry Tunac  
 1/24 Tony Laffranchi  
 1/26 Chase Myska

1/27 Clif Wilson, Jr.  
 1/28 Kyle Lo  
 1/30 Deanna Gee



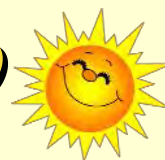
## FEBRUARY BIRTHDAYS

2/2 Spencer Haran  
 2/2 Gerald Lamphiear  
 2/2 Ruth Tapia  
 2/3 Lauren Myska  
 2/4 Jeff Channell  
 2/5 Jacylou Terciano  
 2/6 Cyndi Lamphiear  
 2/6 Angie Pickering  
 2/6 Lexie Pickering  
 2/7 Regina Bassett

2/8 Nickolas Lo  
 2/9 Bill Davis  
 2/10 Laura Mize  
 2/10 Kari Stinnett  
 2/12 Robin Herman  
 2/16 Brandy Gomez  
 2/16 Riley Laroski  
 (Pickering)  
 2/17 Michelle Bauer  
 2/17 Mikal Brevig  
 2/19 Mirna Ball  
 2/21 James Derby  
 2/21 Renee Wiederspahn  
 2/22 Ryan McCalmont  
 2/24 Carina Lo  
 2/25 Ron Pippert  
 2/26 Ron Bramlett  
 2/27 Bill Banovitz  
 2/27 Tim Bates  
 2/27 Lisa Rose

PLEASE LET US KNOW IF WE HAVE FORGOTTEN ANYONE!

# Sunshine Corner



By Yvonne Westberg

Lots of Activity last month:

- ✧ An encouragement card was sent to Clif Wilson as his cancer surgery was cancelled and then rescheduled. Wish him well on the 9<sup>th</sup>.
- ✧ A card was sent to Paul Troxell as he had shoulder surgery. We couldn't believe you were at the Christmas party, Paul.
- ✧ A card was sent to Dan and Christy Cordeiro as they both were sick during our Christmas party. We couldn't believe they came up in masks and gloves and set up all the decorations as they were the chairman, then went home.
- ✧ A card was sent to Donnie and Lynne McEachern as they lost their little fur baby "Little Bubba Rio"
- ✧ A card was sent to Bill Davis and his family for the loss of our dear friend Judy.
- ✧ A card was sent to Michelle Bauer as she was very ill with RSV.

Please keep our members that have had health issues in your thoughts. They could all use our prayers. If you would like to send them a card, email, or text, please do so. It really means a lot to know that others care.

- ★ Remember if you know of someone in need of some SUNSHINE please contact me. You can text or leave me a voicemail
- ★ or you can email GHMC Info at: [info@goldenhillsmustangclub.com](mailto:info@goldenhillsmustangclub.com)



# Biggest Little Car Show

By Robin Paulsell

## ★★ Car Show Update ★★

Planning for the 39<sup>th</sup> Annual Biggest Little Car Show on May 18<sup>th</sup> 2024 is kicking into high gear. Brenda Romero will be show Registrar again, but we need volunteers to chair the Sponsorship Committee, Parking Committee, and Raffle Committee. As always, these shows don't get done by just a few people, it takes all our club members volunteering to make them happen so please give me a call or shoot me an email and find out how you can help. We are also looking for someone to Chair the show, the best way to keep the show fresh and exciting is with new ideas from new leaders.

We are looking for sponsors and we need raffle prizes. Sponsors and items do not need to be auto related, think out of the box. I have sponsor forms that I can email you. If you have a friend selling arts and crafts that would like to be a vendor, 10X10 spaces are only \$50. Non-profit organizations get a free 10X10 booth while space is available.

We opened registration early for those who registered for the MCA Judged Class at last year's show and already have 20 returning entries. Regular online registration opened at 12:01 AM January 1<sup>st</sup>. Remember club members that do not register their Mustang for the MCA Class should register for the GHMC Member Class, regardless of year. Club members registering a non-Mustang Ford, Lincoln, or Mercury can register in the appropriate class for that vehicle.

Judging Seminars to train those interested in judging or learning how their car will be judged are scheduled for January 20<sup>th</sup>, February 24<sup>th</sup>, and April 20<sup>th</sup> at East Bay Classics. The seminars will be followed with a car show meeting, and we will have pizza for lunch. If you have any questions or ideas please contact me.

Robin Paulsell

MCA National Director

Gold Card OD/DD Judge

Not The Car Show Chair



Looking for more sponsors to fill this page!



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★ ★ ★ **IT'S YOUR CLUB. . . LET'S HAVE SOME FUN WITH IT** ★ ★ ★

**THE GOLDEN HILLS MUSTANG CLUB  
MEETS THE 4TH TUESDAY OF THE MONTH AT:**

**SEE YOU AT**



**7:30 p.m.  
Denny's Cordelia  
304 Pittman Rd.  
Cordelia, CA 94534**

**NEXT MEETING  
Tues, January 23, 2024**

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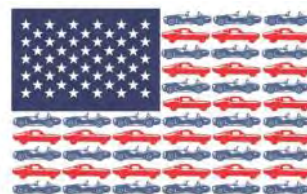
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[www.goldenhillsmustangclub.com](http://www.goldenhillsmustangclub.com)

**P.O. Box 497**

**Fairfield, CA 94533-0049**

*an MCA Regional Club*



**HAPPY NEWS!**

A large yellow smiley face with a simple black outline and a wide, curved mouth.

**DOES ANYONE HAVE SOMETHING TO SHARE?**

It is always great to share some happy news, especially during difficult times. If you have something HAPPY (retirement, engagement, new grandchild, recognition or an award) to share with your fellow club members, please send me an email: [nrmccabe@gmail.com](mailto:nrmccabe@gmail.com)

